



ROSSMOOR ROTARY NEWS



President: Carolyn H **Address:** PO Box 2177, Walnut Creek CA 94595 D5160 Club 461

Notes: Kathy & Pete S **Photos:** Paul W

Club Website: www.rossmoorrotary.org

District Website: www.rotary5160.org

MEETING NOTES: 5/28/25

Call to Order: President Carolyn H at 11:48 p.m. David B led the Pledge of Allegiance, which was followed by a patriotic song.

Four-way Test:

- a. Is it the TRUTH?
- b. Is it FAIR to all concerned?
- c. Will it build GOODWILL & BETTER FRIENDSHIPS?
- d. Will it be BENIFICIAL to all concerned?

Guests and Visiting Rotarians:

Norm Kikan (Guest of Jim D), Thomas Foley (Chicopee-Massachusetts Club), Brian Donohue (the Lamorinda Sunshine Club) and Bernie Szalaj (San Ramon Club)

Thought for the Day: Presented by John King

Program: First Aid for Pets by Peter Pay

As a long-time resident of San Ramon, Pay was born and raised in the English midlands near Stratford Upon Avon. Pay is a chartered accountant by profession, and works with Hyve Solutions. Married to Louise for 42 years, they have three children and one granddaughter. Pay is a second-generation Rotarian, following in his father's footsteps. He is currently the treasurer of the San Ramon Valley Rotary Club.

While Pay does not have medical or veterinary training, he has created a business for the past 12 years in training others to take care of the emergency needs of important members of their families – their pets. Because there is no "911" emergency call for pets, Pay believes pet owners need to have a background in how to help when faced with an emergency that can be the difference between life and death for pets.

The training is formatted as a three-part plan:

- Preparation and Planning
- An Effective Response Framework
- Skills and Knowledge Preparation and Planning:

- Have a good aid kit with the following information:
 - o Contact information for the regular and emergency vet
 - o Driving instructions (or practice going there) to the emergency vet
 - o ASPCA Animal Poison Control Center (888-426-4435)
 - o Animal services or Humane Society
- Practice your skills twice a year (CPR, etc.)
 - o Know how to check for temperature, pulse, respiration, and capillary refill time

An Effective Response Framework:

- Check
 - o Check the scene (do no harm, including to yourself) and if necessary, make the scene safer
 - o Check the victim – is the pet conscious or unconscious
- Call
 - o Someone to assist you (you cannot drive and care for the pet)
 - o The veterinary clinic you are going to
- Care
 - o (ABC's) - Airway, breathing and circulation

Skills and Knowledge:

- To address a variety of conditions: cardiac arrest, evisceration, embedded objects, poisoning, choking, bleeding, penetrating chest wounds, shock and seizures.

For more information, including training classes, go on the website: <https://www.norcalpetcpr.com>

ANNOUNCEMENTS

Anniversaries: Sue A and JoAnn A

Birthdays: John S

General Announcements:

- Byron Park Cocktail Hour – Thursday, May 29 at 4 p.m.; bus transportation from Gateway provided at 3:30 and 3:45 and will take you back to Rossmoor
- 4th of July – the club's biggest fundraiser is looking for club members to volunteer to support this important event
- Club Fair – Thursday, June 5th – Sue A needs volunteers from 10-12 & 12 to 2 shifts
- Food Drive – September – Sue A will be providing more information
- Trinity – Carolyn H reports that we will be cooking breakfast on Thursday, June 5th and also continuing the mailroom training, which is going very well

Happy Dollars:

- Joy A – going to NYC with her daughter
- Peter V – on his shoulder recovery
- Carolyn H – on everyone being trained for the mailroom at Trinity
- Bill B – walked his granddaughter down the aisle
- John S – 51 years of marriage celebrated
- Pete S – for his and Kathy's trip to England and Ireland
- David F – some good work done at his home

Fun & Games:

- John K shared his adventures jumping out of a plane

Raffle:

- Joy A won \$146 and donated it to our “Brian Fund”
- Bill B won a free lunch

The meeting adjourned at 1:30.

UPCOMING EVENTS

June 4	12 p.m. Speaker: Lynn Carruthers on Neighbors for Safer Streets
June 11	10:30 Board of Directors Meeting 12 p.m. Speaker: Stan Gideon on Restaurant Tipping Policy
June 18	10:30 RRF Trustee Meeting 12 p.m. Speaker: Rob Walters on Physical Therapy
June 25	12 p.m. Speaker: Jim Greenberg on End of Life Issues

PHOTOS

